

EMPATHY FIRST

Empathy is an attribute and tool to improve human connection, strengthen relationships and improve health & wellbeing.

Empathy First offers Empathy Training that enhances leaders' and employees' ability to use empathy when communicating with others, leading to positive impact on employee wellbeing & retention, customer service and business performance.



Next steps: Enquire about [Empathy Training](#) leanne@empathyfirst.com.au www.empathyfirst.com.au

Our theory is informed by research such as
Jonsdottir & Kristinsson (2020); Holt & Marques (2012);
Coentre et al., (2017)

Our work supports the Sustainable
Development Goals (SDG) 3, 8 & 16

