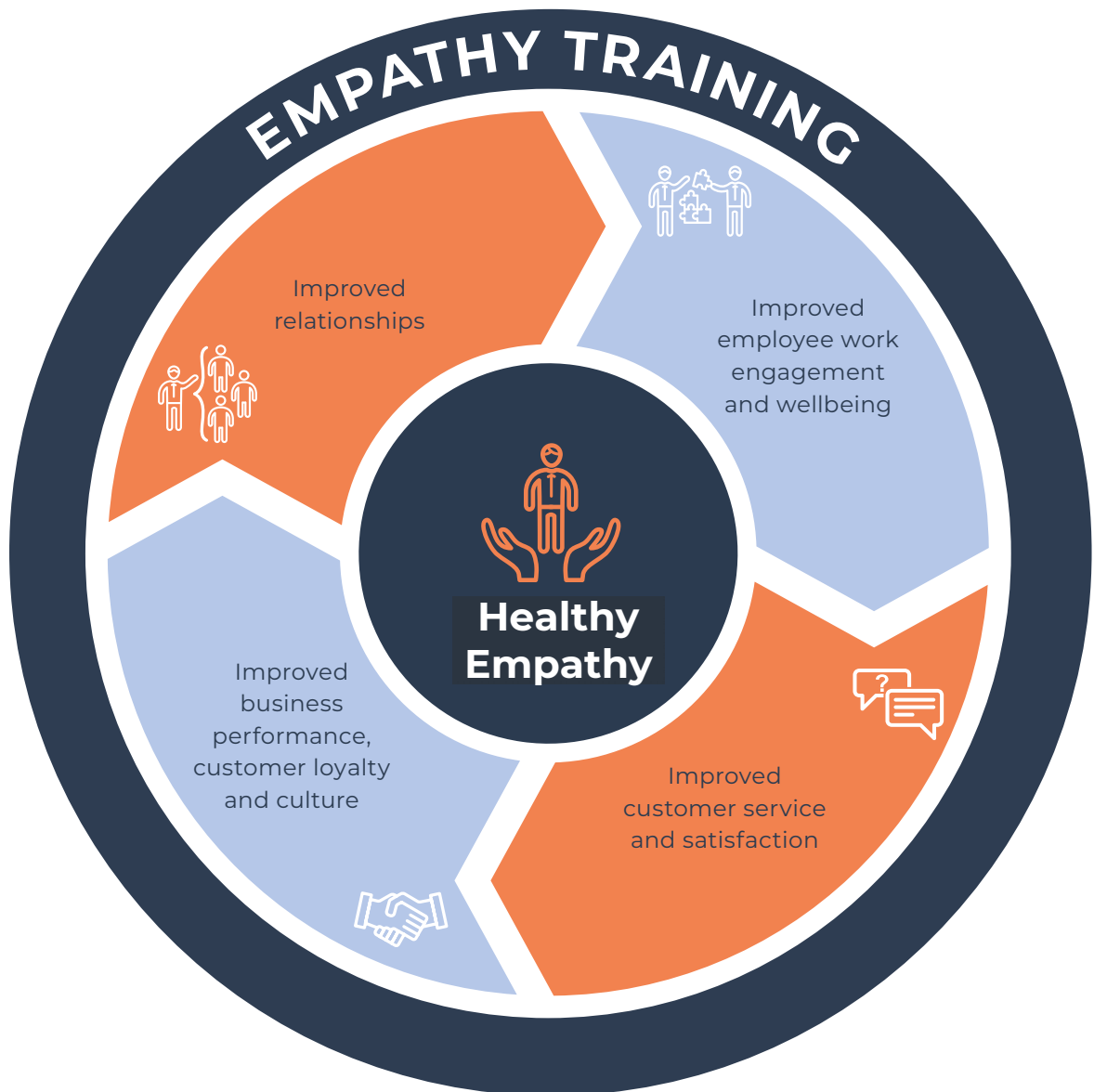


EMPATHY FIRST

Our mission is to create a world where everyone feels heard, valued, visible and safe.

Empathy is an attribute and tool to improve human connection, strengthen relationships and improve health & wellbeing.

Empathy First offers Empathy Training that enhances leaders' and employees' ability to use empathy when communicating with others, leading to positive impact on employee wellbeing & retention, customer service, business performance and organisational culture.



Next steps – Enquire about Empathy Training:

leanne@empathyfirst.com.au · www.empathyfirst.com.au

Our theory is informed by research such as Jonsdottir & Kristinsson (2020); Holt & Marques (2012); Riess (2021); Yu, Berg & Slatag (2021); Rini (2020); Wieseke, Geigenmuller & Kraus (2012).

Our work supports the Sustainable Development Goals (SDG) 3, 8 & 16

